



Tiny Texts *in English*

Read, listen & learn a little English!

Be happy with less stuff.

Match the key words and definitions:

- | | |
|-----------------|--|
| 1. Donate- | a. collect |
| 2. Advocates- | b. shows |
| 3. Clutter- | c. give or throw away |
| 4. Accumulate- | d. inundated (when there is too much of something) |
| 5. Get rid of- | e. a lot of useless objects |
| 6. Joy- | f. things |
| 7. Reveals- | g. supporters |
| 8. Overwhelmed- | h. happiness |
| 9. Stuff- | i. give away for free |

Now cover the key words and try to complete the text.

A recent survey by the National Association of Professional Organizers _____ that 54% of Americans feel _____ by _____ and 78% have no idea what to do with it. According to psychologists, people _____ things because they are unhappy but having too many possessions brings stress and more unhappiness. Minimalists say you can live better if you focus only on what's really important and _____ your excess _____. You can _____ things you don't need to charity. Minimalism is not new. Some of the ancient Greek philosophers were _____, as were Mahatma Gandhi and Leo Tolstoy. There may be more _____ in owning less than in constantly accumulating more.

Do you have too much clutter?

Tell me at www.tinytexts.wordpress.com You can read and listen to more tiny texts and improve your English!